

CLASS A – REGION 3

VELVA AGGIES

Aggies

Talking about the defending state champion Velva Aggies may sound like a broken record. But that's sweet music to the players whose job it is to carry on the school's winning tradition.

"The one item we will probably miss most from our graduates is the leadership they provided and it is a void that these seniors will find themselves filling," coach Larry Sandy said.

It's not like success is something new to the Aggie seniors. They won the school's eighth championship since 2000 last season, beating Milnor-North Sargent 25-20 in the title game.

"We do have a good core to build around," Sandy said.

That core group includes senior **Ty Bruner** (5-10, 160), who will move into the quarterback slot in place of graduated Jon Mack. Bruner was honorable mention all-conference last season.

Others are senior tight end and linebacker **Zach Podoll** (6-2, 180), an honorable mention all-conference who will move to running back from tight end, and senior lineman **Jed Jespersen** (6-0, 210), a first-team all-state defensive lineman. Jespersen was an anchor at noseguard the last two years.

Myles Hanson (6-1, 175), a senior lineman, is a returning two-way starter.

All told, Velva has 10 returning senior letterwinners.

"The other seniors all played significantly throughout the year and will help provide a strong nucleus for this upcoming year," Sandy said.

Velva did not allow a point until the seventh game of the year last season.



Coach Larry Sandy

2011 SEASON

Head Coach: Larry Sandy (22nd year)
Record as Head Coach at Velva: 189-41

Career Record: 203-53

Assistant Coaches: Matt Weidler,
Casey Kvamme, Mike McNeff,
Chad Barstad

Returning Letterwinners

Jed Jespersen, Sr., 6-0, 210, OL-DL
Ty Bruner, Sr., 5-10, 160, QB-DB
Zach Podoll, Sr., 6-2, 180, TE-LB
Myles Hanson, Sr., 6-1, 175, OL-DL
Chandler Mack, Sr., 5-10, 160, WR-DB
Colten Lee, Sr., 5-11, 160, OL-LB
Alex Monk, Sr., 5-10, 175, OL-DL
Jeremy Helseth, Sr., 6-2, 285, OL-DL
Shane Sherlock, Sr., 5-9, 165, RB-LB
Taylor Lakoduk, Sr., 5-11, 165, OL-DL

2010 RESULTS

Region Record: 7-0

Overall Record: 12-0

Class A Region 3 Champions

Class A State Champions

W - MINOT RYAN..... 13-0
W - at Williams County 34-0
W - STANLEY-POWERS LAKE..... 27-0
W - at Garrison-Max 66-0
W - NEW TOWN..... 66-0
W - LEWIS & CLARK-OR..... 44-0
W - at Des Lacs-Burlington 47-7
W - at Harvey 21-8

Class A First Round

W - HEART RIVER 47-13

Class A Quarterfinals

W - HAZEN 39-8

Class A Semifinals

W - WATFORD CITY..... 30-21

Class A Championship

W - vs. Milnor-North Sargent 25-20

PREVIOUS TITLES WON

Region Titles: 9 (1993-00-01-02-05-06-08-09-10)

State Titles: 10 (1983-06-09-10 Velva;
1997-00-01-03-04-05 Velva-Sawyer)

School Colors: Blue and Gold

School Song: Hail to the Varsity

Website: velva.nd.schoolwebpages.com



Ty Bruner



Myles Hanson



Jeremy Helseth



Jed Jespersen



Taylor Lakoduk



Colten Lee



Chandler Mack



Alex Monk



Zach Podoll



Shane Sherlock

*Congratulations to Larry Sandy
2010 Class A Coach of the Year!*

*Congratulations to the 2010 Velva Aggies
Class A Region 3 Champions
Class A State Champions!*

See 2010 Velva Aggies team photo on pages 27 and 38.